## Baby $\mathcal{BEAR}$ wants your baby to sleep safely:



Dear Parents and Grandparents,
I have good news!
When it comes to safe sleep, you have the power to make a difference!

 ${oldsymbol{\mathcal{B}}}$  is for Back: Babies should be placed to sleep on their  ${oldsymbol{\mathsf{Back!}}}$ 

 $\mathcal{E}$  is for Empty: The crib should be **Empty**, with no pillows, bumpers, blankets or stuffed animals like me in it!

 ${\cal A}$  is for Alone: Baby should sleep **Alone** in the crib and not in the parent's bed!

 ${m \mathcal{R}}$  is for Room: Share your **Room** with baby, not in your bed!



And please remember, No Smoking!

